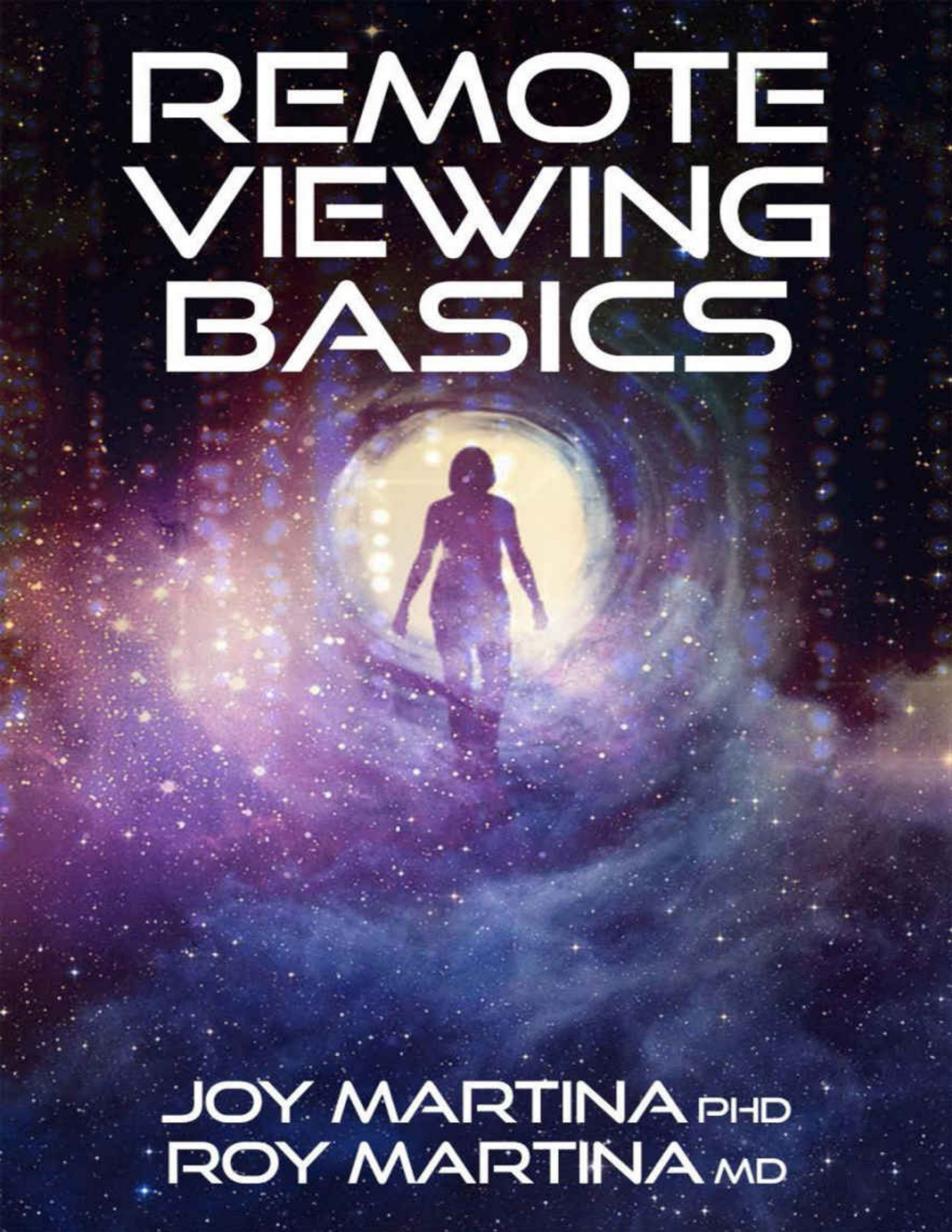
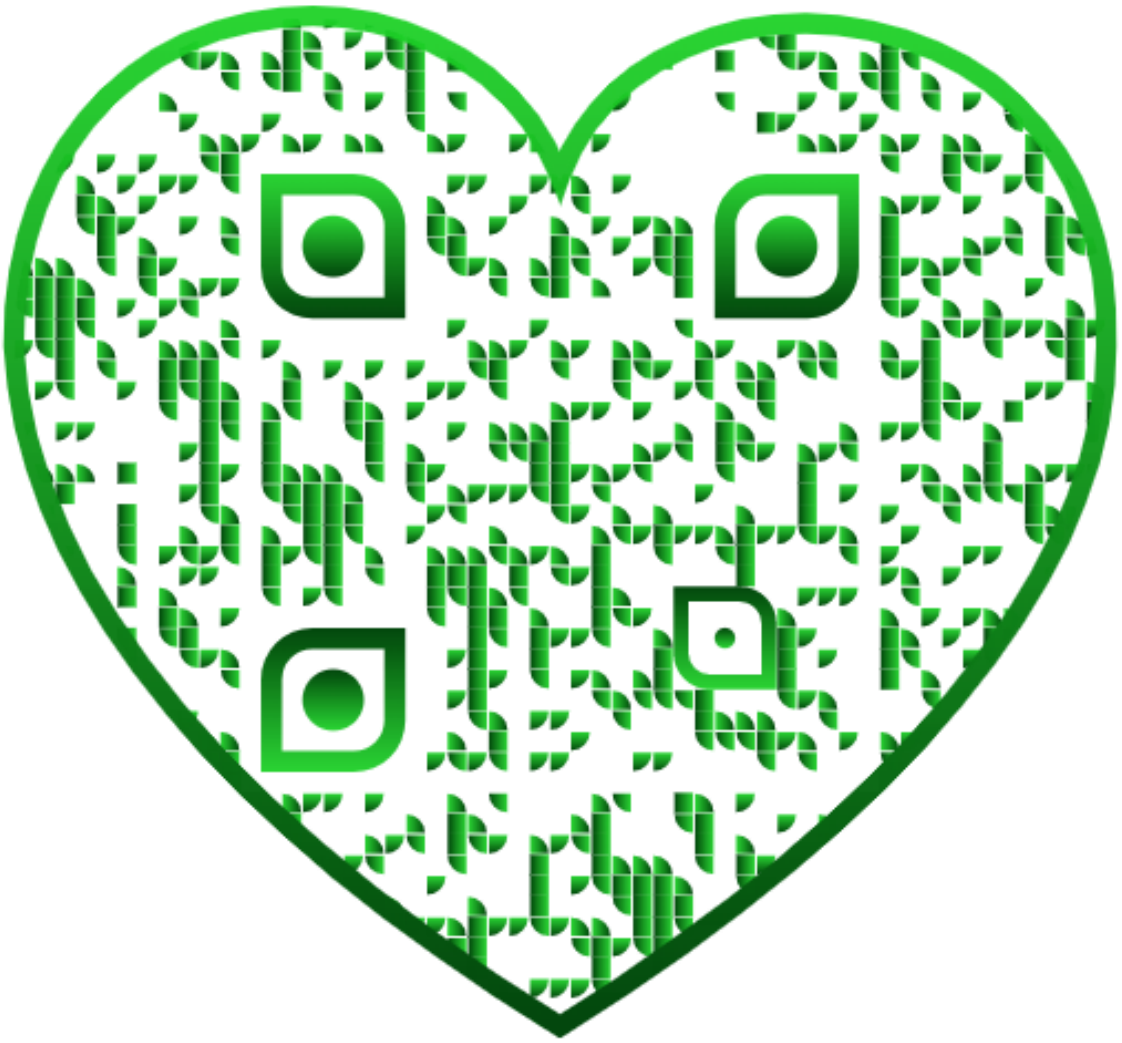
REMOTE VIEWING BASICS



JOY MARTINA PHD
ROY MARTINA MD



Your Trainers

Meet Joy Martina, the Psychic Psychologist & Dr. Roy Martina, Holistic Med. Doctor.

Drs. Joy & Roy Martina were trained by David Moorehouse an ex-CIA agent and Ed Dames also an ex-CIA agent in mental Remote Viewing (sensing) of targeted locations.

The purpose of this booklet

This booklet is intended for two reasons:

1. For anyone who is interested in expanding their consciousness to a higher level and is interested to know more about how they can develop their psychic skills and explore the Universe in a new way and discover what is really happening and how we are all connected through what some call the Universal Mind. Instead of reading it from books or getting information from teachers, religions and others, it is much more powerful to experience what it means to open your senses that you were born with but lost for a great part because of the way we were educated and programmed by our parents and society who had no clue of what exists beyond what we can perceive with our five senses.

2. For those who have decided to join us for the upcoming training of Remote Viewing

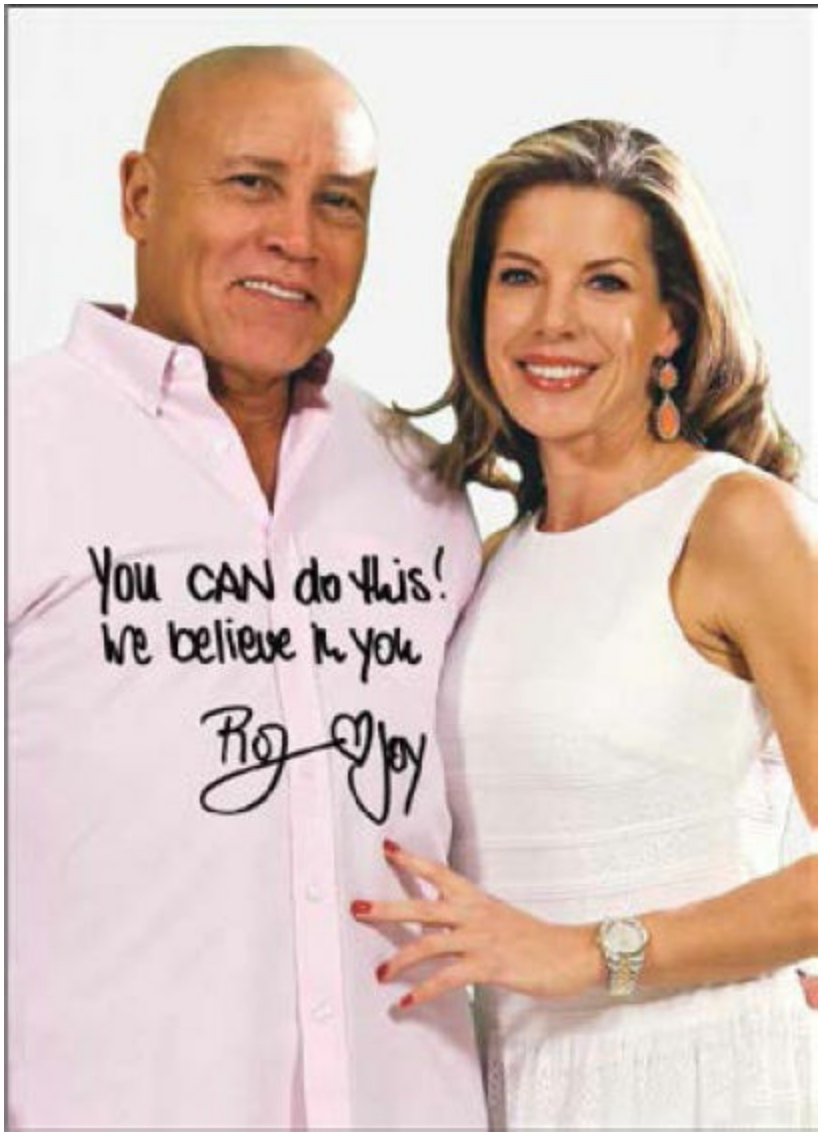
Live: www.oracletraining.it/outerspace
Streaming: www.oracletraining.it/outerspace/streaming

this book contains the basics you need to study before you come to the workshop, we will also make a special audio brain training to start preparing your brain to be ready to expand beyond the 3-D*imensional time space continuum*.

Our advice for future Remote Viewer participants is to read this book at least 3 times, more if possible and while reading listen to the braintraining! This booklet contains a wealth of information that will give you the background of Remote Viewing, which will make it easier for you to understand what you are experiencing in the training. Each time you read it the information will become clearer and go deeper into your mind.
By the time you attend the training your mind will already be so expanded that you will be able to Remote View in no time at all!

We wish you lots of fun reading this manual and training your brain to prepare to become an awesome remote viewer!

Joy & Roy Martina



What benefits do you get from learning Remote Viewing & Remote Sensing?

Imagine being able

- to feel when something is off with your loved ones and being able to tune into how they are doing. Would it be great to get a nudge to call or visit them at the right time?

- to know the consequences of your choices before deciding which one is the best for you? How would that help you to stay on your path to become the best version of yourself and live the happiest, wealthiest and most fulfilling life?

- to find the best place for you to live where you will be the happiest, healthiest and thrive the most. You have many possible futures, part of your future is where you live, which people you will meet and the energies around you. In coming times more and more people will form small communities, this is already trending with the millennials.

- to be alerted of upcoming dangers, calamities and crisis's before they happen, so you can take the right countermeasures or prepare yourself accordingly. Remote Viewers have been able to predict tsunamis, earthquakes, financial crisis's and even presidential election outcomes.

- to know when to act and when not to. In life we tend to believe that pushing forward and forcing ourselves towards our goals or outcomes is the best way to go. A better way is to know exactly when to take action and when to be passive! That could save you so much energy and give

you much more peace of mind.

- to astral travel to your past and heal traumas that had a big effect on your life, this ability alone can be worth being trained in Remote Viewing. The other side is that you can also visit the best possible future and get directions on how to get there!

- to relax more quickly and deeply whenever you choose to. That will be a great benefit in the hectic times we live in, and with all the information being dumped upon us.

- to better connect and receive crystal clear answers to your questions from your higher wisdom or the Universal Collective that connects us all. This will give you better directions in your life and you will never feel alone on your path!

- to get deep insights into your own psychology and why you have become who you are and how to change that, so you are better aligned with your true potential and make better use of your unique skillsets and experiences. Many people are searching for their purpose; you will know your purpose and so much more.

- to connect to a group of awesome like-minded people and becoming part of a network of Remote Viewers who work together to predict future events and help this planet go through difficult times, also the possibility is there to predict the financial markets and profit from that.

The best benefit is that your intuition will take a quantum leap to a higher level and you will be connected with your Higher Consciousness and wisdom.

Roy & Joy’s story to inspire you

In May 2011 Joy attended a workshop of Omega Healing taught by Roy in Southern Germany in a village called Oy. On the 2nd day Joy stood up to ask a question, and that moment was for both of them a shock as there was this instant knowing that they were to become partners and lovers, there was no doubt. Some people talk about falling head over heels in love; this was a knowing on a much deeper level and there was also the knowledge that they had a mission together on this planet.

Predictions came true

Both had heard years before by two separate clairvoyants/mediums that they would meet and that they would do great things together.

The journey begins

In August 2011 they went to a Quantum-Hypnosis workshop by Dolores Cannon in Stockholm and there they learned a new way to connect to their Higher Consciousness and beyond. That is when their journey began exploring the inner and outer Universe, and after two years they had developed their own unique methods that they teach in the form of Christallin Oracle training.
Remote Viewing is part of this training and you can benefit by doing this workshop.

We are all guided even if we are not aware

Soon Joy and Roy discovered that there was a Higher Intelligence guiding both on their new mission and in one of the many Channeling Connections

this Higher Intelligence revealed itself as the group called Christallin.

Christallin was assigned to help them spread a new message of love, hope and forgiveness on this planet aligned with what is called the Christ Consciousness. Christ-All-In which is the name of this group already reveals that the Christ Consciousness is In All of us already.

Based on these new Higher Self Connection skills Joy was advised to give up her business and move in with Roy in Holland (February 2012). Roy was also advised to give up his business and start over with Joy from zero.

Remote Viewing found the best place to live

They got married in December 2012 and they received the advice to move to a new location where they would be the most successful, the happiest and the healthiest. On 13 January 2013 they attended a class by the Ex-CIA Remote Viewer, Ed Dames who offered to Remote View the best place for them to live. He called this place their “Personal Sanctuary”. Two weeks later they received the coordinates of the best place for them to live. In March 2013 they went with their family to scout and explore this place they had never heard of before, high up in the Appalachian Mountains and on 4th July 2013 they moved to Asheville North Carolina.

You can get to know the best place to live as well

They are extremely happy with how Remote Viewing found, from all possible futures, the best place for them to thrive and they also offer this service for anyone who is interested. In Asheville they found great schools for their 3 children and all 3 of them are extremely happy to be living in Asheville where a network of friends blossomed out of the new connections they made in this special little rural village.
If you are interested in finding the best place for you and your family, send an email to support@christallin.com

No looking back

After being guided for 7 years Joy and Roy know that this is the best place for them to live, both are extremely happy with the guidance and advise they receive and want to share this skillset with anyone who is ready to take the next quantum leap in their lives.

Psychic Spying Techniques developed in the USA

Advanced remote sensing (remote intuition) techniques were taught to field operatives, anti-terrorist units and other intelligence and/or commando squads. This operation had been set up to counter the activities of well-funded departments of the Soviet KGB and military intelligence that were very advanced in their research and fully operational. The USA discovered that the Russians had ways of spying at a distance using psychics and asked Stanford University to develop a program to create their own psychic spies.

Time Space Bridge

The interesting part of this program is the fact that by using special mental techniques and training, not only is space bridged instantly (you can see what is happening on another location just by closing your eyes and going into a trance), but the time barrier is, also, conquered - allowing oneself to experience the perceived past and the probable future. There are many potential futures, not just one fixed future. By knowing the probabilities, one can chose the best future. For example, by moving to Asheville in USA, Joy and Roy changed their future and opened up possibilities that are only possible by living in Asheville and nowhere else. This has influenced their lives and knowledge.

Mental Time Travel

What Remote Viewing is teaching us is that the ultimate time-travel machine is the human mind.

You can travel with your mind through time and also to other Universes and planets.

The Secrets

This e-book contains explanations that reveal some of the closely guarded secrets of Remote Viewing. It is also an introduction to our Complete Remote Viewing Training (Outer Space) and contains explanations that prepare you for the Remote Viewing training.

Preparation is everything

If you have signed up for the workshop, please read this manual 3 to 4 times so when you do the training your Conscious and Subconscious Mind is prepared and understands the basics!

You will also receive an audio training we would like you to listen to a minimum of 12 times or more to prepare your mind for “Space Travel!”
Please do not skip steps. Sit down in a comfortable chair and relax your mind and body as you read this manual.

It is even more interesting and powerful to read the manual while you are listening to the audio session on repeat!

Read and reread this book until you have integrated and understood the explanations. Remote Viewing will become as easy and natural as walking or breathing is. At some level of the stream of your mind you are already Remote Viewing. All you need to do is to learn to focus at that level and listen to your own messages.

What is Remote Viewing?

Remote Viewing, relates to the psychic-mental abilities that can be developed through training that will allow the student of Remote Viewing to consciously travel through time and space, while accessing all sensory channels, including the visual ones.

In addition, other parallel dimensions can be assessed and different possible future scenarios too!

Mind traveling or Remote Sensing

The visual perception is the one that is most used.

A more precise term would be remote sensing since all the senses may come into play. When one is Remote Viewing, in order to gather information about a certain place and/or time or event, visual images are just perceptive images.

Visualization is using the Mind's eye

It is as if one is dreaming, even though the visual imagery seen in a dream might seem to the dreamer at that moment totally real. It does not involve the normal visual processes within the eyes.

It is the result of the human ability to imagine in images, sounds, feelings, colors and much more. Everyone can and does imagine. When one dreams, one visualizes using one's imagination. When one imagines the scenery while reading a book, one visualizes using one's imagination. The visualization that we address in this course is an inherent quality of thoughts and not a biological process involving eyesight.

Everyone visualizes

Some people are afraid they will not see anything because they have problems visualizing on command. It is a fact that we all have different channels that are more dominant than other channels. For some people the visual channel is dominant, visualization is natural for them, others are more auditory and get information that way more easily, others are kinesthetic and feel or sense information and others just download information, they just know things to be a certain way.

All these channels are useful in Remote Viewing.
You do not have to worry for a moment, then, about your ability to visualize. The truth is that everyone can visualize. Everyone does it constantly, during the day, as you daydream. It is this quality of visualization you are going to call upon in this course. Nothing else.

There is no special training required in order to visualize, only a perceptual shift in concentration is necessary, from external stimulation decoded by your brain as your external reality, towards inner mind stimuli that are always present within your thought processes, but that you do not necessarily pay great conscious attention to.

Distraction is one way to work with the subconscious mind

When we want to remember something, but we just can’t come up with it, we notice that when we distract ourselves with something else that information comes back to us.

The preferred Remote Viewing protocol in the US involves the use of distraction. By keeping the conscious mind fully distracted on rapidly-changing, tightly-regulated, boring tasks the subconscious mind messages can be concentrated upon, since it is the source of the stream of data relating to Remote Viewing.

That is why it is so effective to listen to the Audio Training while focusing on reading this manual.

As the Remote Viewing session unfolds, the remote viewer tends to shift most of his or her concentration away from the symbolic tasks he or she is performing and concentrate much more strongly upon the messages that he or she receives through his or her subconscious mind that originates from the level of Universal Mind that operates outside the confines of time and space.

Theta State is faster

We can go much faster and deeper by using a combination of meditation music, guided mediations, brain trainings and hypnotic trance states, which we created to access a deeper level of concentration that gives us access to the deeper levels of the subconscious mind that have direct access to the Universal Mind.

The level of the mind called the Theta level is where Remote Viewing becomes a natural state to any individual who operates from that level of deep subconscious operation. Their results are very impressive.

You already are a natural Remote Viewer

There is no single way to become an excellent Remote Viewer; any path involving a shift of concentration towards your inner mind can lead to successful Remote Viewing.

You might, therefore, find your own way outside of the suggested ones given here. You are your best teacher. Your mind already operates at these levels. The problem is that you do not know it on a conscious basis. Therefore, the only thing required is training or better practice, you already have all the knowledge you need. All that is left for you to do is ask and watch the answers appear in a form compatible to your cultural, religious, and educational programming.

The Universal Mind opening training audio

Within the infinite Universe of Information we live in, knowledge is the key – and over time this will result in the ultimate knowledge of the real self, the

Higher Self.

This training gives you a set of proven keys that you can use to enter and discover higher levels of information and hopefully evolve and understand.

All one needs to do, is to listen in a relaxed environment to the brain training sessions and allow them to gently guide you and reprogram your mental realities so that you, and you alone, permit yourself to enter and reach the inner Universe that has so much in store for you.

You are a creator

You are beyond infinitely powerful. Although you might not believe it, the truth is that you create the present, each moment, by the belief system you carry about yourself and about others. Change your belief system and you change your reality. It is that simple.

Fear is mostly not real

Life is like going on a mind safari. The dangers of the unknown are as real as you give them attention and energy.

The moment you stop perceiving them as threats or dangers, they change.

Even the words you chose to describe your experience will influence how you feel.

The human is the only species that can create emotions by imagining.

Decide and transform your paranoid fears about the jungle out there and it immediately becomes a beautiful place to live in as you interact with it. It is all your choice. Of course there are life threatening situations on our planet, but most fears we get not from reality but from our ideas of what might happen.

We need Theta Training not visualization training

Visualization is using the mind's eye in a process called imagination. When we are in a deep hypnotic trance or deep meditative state everybody can imagine and visualize much easier. The imagery might even seem 3 dimensional with perceptual, olfactory, tactile, and auditory senses being triggered into the subject. The subject is then said to be in a hypnagogic state when strong imagery is being projected at him. This is the state that a person experiences just before falling asleep when strong perceptive images are beamed at them.

Theta waves

Brain waves at that moment of deep relaxation when measured on an encephalographic machine will show a predominance of slow Theta waves oscillating between 4 to 7 cycles per second. This is called the Theta state. Theta is the real state to be achieved if one wants to Remote View.

Listening to the braintraining will train you to go naturally into the Theta state and make Remote Viewing a natural ability. Therefore, one does not need to train oneself to better visualize mentally, but one needs to train in order to achieve, at-will, a state where Theta waves predominate within the brain and where holographic-spatial visualization becomes a natural ability.

Remote Viewing is about being in a natural state of Accessing Information

The more you learn to enter the other realities, the more you'll trust in your ability to move into other realities, past, future, present or even parallel realities.

Mastering Theta is the key.

How to block yourself and your abilities

Trust, which is faith, is the key to success for change. Skepticism is the key to failure and restriction. This is a universal law. Some say, “Seeing is believing”, the paradox is in order to see you must believe you can see!

In the same way as faith can move the mountain of doubts, skepticism or excessive rationalization blocks change and restrict one’s self within the prison of self-doubt, fear, often hatred, paranoia, and a false sense of comfort with the status quo ante. The core of success at Remote Viewing is like any other endeavor; it lies not really in effort but rather in trust and desire. As one trusts in the ability to reach a goal and strongly desires it, the road to it opens automatically.

The Mind Trick

When you constantly imagine yourself as being successful at Remote Viewing, success will follow naturally! Doubting if you ever will be will block your abilities to do it.

Accept it as the most probable reality and it shall become your reality.

The 4 Brainwaves

As we have discussed this in our previous Oracle Trainings, there are basically 4 states our brain operates in during each day.

Beta: awake and multitasking

The first state is called the Beta state. This is the state of total conscious awareness, the state of being awake. At the level of being wide awake, or in Beta, the majority of our brain waves are oscillating at over 14 times/second, with 20 cycles/second being the average. This is the bulk of our daily waking activity and our linear mind (Left Brain) being hyperactive.

This is where we are focusing on various daily external stimuli.

Turning inside or experiencing (being instead of doing)

When an individual shifts his/her mental concentration towards a single act or object or towards his/her own thought processes, the brain waves tend to quieten down and paradoxically their thought processes become more efficient, more expanded.

When one achieves a shift of concentration towards a single focus of attention we say that the mind is more relaxed. When one concentrates on a body process such as, a pattern of breathing or upon an external image such as a flower or another object, a TV program or movie, a video game, a painting, a visual symbol, a symphony, or one's own thoughts, the results are the same in that the person is restricting his awareness toward what he is concentrating on.

Relaxing is focus

The opposite of what we expect normally happens, when we relax the person is hyper-aware of what he/she is concentrating on.

That is the definition of a trance state. All meditation or hypnosis is a state of hyper awareness on a restricted thought either directed at some external stimuli or at an internal one.

With mental, self-reflective concentration the brain first goes into the Alpha state where most of the electrical activities occur with brain waves oscillating between 7 to 14 cycles per second. When a person is daydreaming, the Alpha state occurs, and also sometimes while sleeping during the rapid eye movement period associated with the dreaming state. At that level of mental

operation, the mind is more focused and if the mind focuses reflectively upon itself, it rapidly enters even deeper, altered states which means even more expanded states of awareness.

Relaxing is the key to accessing the Universal Mind

Generally speaking, the Alpha state corresponds to one's self focusing, one's concentration upon what psychology likes to call the subconscious mind. The subconscious mind is far from being less aware than the conscious mind; it is quite the contrary. It has much more awareness than our restricted, linear conscious mind has.

The subconscious mind

The subconscious mind contains all of our memories and the programming of all our biology and of our belief systems that cause us to be who we are (our personality) and enter the reality that we experience. By focusing in a hyper-relaxed trance state on the subconscious level, an individual can change instantly what makes him what he is; he can change his character, his impulses, desires, goals, and realities. Being in Theta is the place of possibilities, you can create positive hallucinations (new possibilities) that can become part of your reality, and you can create negative ones too (make realities disappear). This has been demonstrated millions of times by hypnotherapists. This can be used to cure dis-eases (the placebo effect) in other words: undesirable threats can be obliterated.

In Theta, reprogramming the subconscious mind becomes easier and more powerful. By going deeper and slowing down the brain waves to deep Theta, one bypasses the conscious mind and connects directly to the deep subconscious area of the mind and even more expanded levels of the mind.

Going Deeper into the Universal Time Space Continuum

as one approaches the 4 cycles/second areas, one locates itself mentally at the

interface with the Universal Mind that connects all living things and that as a mirror image of reality, operates totally out of the confines of time and space.

The Universal Mind is a depositary of pure information made available instantaneously, in the here and now, within any individuation of itself. Theta is the level that the subject needs to achieve in order to have access to the Universal Mind where past, present, future and omni-presence in all life forms is but the only reality. It is only by bypassing the other levels of the mind and connecting directly with the deep levels of the subconscious, operating at the interface with the Universal Mind, which is the Theta level, that one can naturally Remote View any point in space and/or time.

The Delta State

The Delta state is when your mind is like sleeping or in a coma, as the brain operates at less than 4 cycles/second. In Delta we lose the sense of self. Imagine you are a drop of water, Delta is when you become part of the ocean, you become one with something much larger than yourself, the self is no longer important! It feels like losing your consciousness and disappearing into nothingness. Many people after deep meditation say they just disappeared and the sense of self and time was lost, but it felt really good and heavenly.

Imagination

Imagine your mind being equated to a two-story building and having a large basement floor below it.

The top floor is called the **Beta floor**. When you connect to it, you experience your daily reality with conscious awareness and your brain wave mainly vibrates at 14-20 cycles/second on average.

There is an inward stream of information coming from outside the building on one side that is filtered by the upward stream of information on the other side originating from the basement level up to the upper level and there is a reverse flow of information going from the upper level all the way down to the basement level. The information flow is constant. It is what keeps you

alive.
If you concentrate on the first floor (**Alpha floor**), you will find the main storage of your memories in it and the main area of the computer-like program that makes you the individual you think of yourself as. This programming originates from your own evolution or through the cultural input of your environment, birth culture, educational background and information coming from your ancestral DNA.

This level filters information originating from the deeper lower levels of the building of your mind and also from the higher second floor. It is in between two streams of information and adds its own interpretation based on its information.

On the second floor (**Beta floor**), your mind might decide, by the act of willpower to do something. If what you want is acceptable to your prior programming, you shall effortlessly fetch realities and beliefs from the basement that will support your desires and goals.

However, if your programming is opposed to your desired outcome, the realities that you desire consciously will be blocked or sabotaged by the filtering process of the programming located on the first floor of the building of your mind (**Alpha floor**).

There are different ways to change the programming of the subconscious mind, for example by using repetitive suggestions or visualizations while being in a very deep state of inner mind awareness or with the techniques you learn in our workshops.

The mind in its aware conscious state is located on the second floor (**Beta floor**) of your mind; this is where your awareness lies when you are fully active. This is the Beta level of your mind. The truth is that the true power is generated by the lower levels of your mind.

Bypassing the conscious mind

If you concentrate on the inner mind, at the Alpha level, you can bypass the Beta level. Your brain then relaxes into an Alpha state, allowing you to tune into the Alpha level and you can then reprogram yourself and your realities.

At a lower level of the Alpha station, between 7 and 10 cycles/second, you can very easily impose a new programming on yourself; you can heal yourself, avoid unnecessary hardship, and open better realities for yourself. If you go even deeper within the stream of your own mind, the mind expands increasingly. As your mind calms down even more, you eventually enter a brain state with mainly Theta waves, oscillating between 4 to 7 cycles/second, you have then reached the ground floor of your conscious self and have expanded your awareness up to a point where you have access to the common basement of all life forms: The Universal Mind.

Theta the place of connection with everything that is

The Universal Mind spreads its tentacles in every direction, it contains all the information related to any other location in space and/or time. You are wirelessly connected to everything in our Universe and beyond!

Your thoughts are known before you think them

You do not need to mention even, necessarily, what is of interest to you in a detailed fashion. The level of the Universal Mind knows instantly, by either connecting to your thoughts, the thoughts of the human monitor, or even the computer program that chooses the location that you will then perceive, visit and experience with your own mind. There is no time, no past, no future, all information is accessible instantly.

Delta Basement not for everybody: One Mind

At this level, you lose consciousness of your differentiated self and your brain vibrates between 1 and 4 cycles/second. This is the state of deep sleep, chemical anesthesia, or deep coma also some traditional rituals by shamans or high priests with special substances have created access to this level of One Mind. Some people experiences this with ayahuasca ceremonies.

All past memories of mankind are all there and accessible; all possibilities are there; all realities are folded there waiting to be called upon and unfolded.

Very few individuals in history have had conscious access to that level while retaining awareness - some Greek philosophers, such as Plato, Plotinus, some Kabbalists, Sufis, Indian mystics, monks, Shamans, Westerns Mystics such as Walter Russell, and others, have reached that level and had difficulties in relating its reality in words.

Everything happens inside of you

If one only desires to Remote View, the goal is to attain the Theta state and not go beyond. By being at Theta, the imaginative visualization and sensory perception of your inner mind are greatly enhanced.

At that level, all senses are inner perceptive senses and not biological ones. You perceive music, touch, taste, vision, and smell, thoughts, good positive vibes or bad negative ones. You can ask questions, remain receptive, and receive information in return.

You have to learn to relax to find your true powers

We will begin with some braintraining that will teach you to mentally relax into Theta.

As you shift most of your concentration upon yourself, you will start to defocus yourself from menial day-to-day preoccupations and biological sensations.

Repeat the braintraining often in order to go deeper and deeper within yourself.

Our Braintrainings

Very often in these sessions, interruptions or changes in tone, pace, or music occur; there are also other ways we will break the pattern, this is done on purpose. Since the goal of these sessions is to be able to operate at Theta, there is always the chance that the trainee may slip into Delta, lose awareness of self and go into a sleep-like state. These interruptions are not accidents but are put there on purpose to bring the trainee back to the Theta state. With practice, one learns to remain at Theta without slipping into Delta. Eventually, one can even open one's eyes while remaining in the Theta state. This is the final goal of this course, to be able to operate during the day at Theta, at will, manifesting realities and getting information from the Universal Mind. To be able to be connected at all times, means that you will develop a higher level of intuition and a better sense of premonitions!

There is nothing to be afraid of

If while Remote Viewing or operating, at just Alpha or Theta, you perceive an undesirable presence within your realm of mental awareness, stay calm!

The rule is simple: refuse to fear anything and make it disappear from your consciousness by mentally projecting at it the word "small", until the entity is reduced to a speck and discarded.

Sometimes the word delete is also powerful. Some students like to call upon helpers like angels, lightwarriors etc.

My preferred assistants are the archangel Michael, Jesus and the powerful Light Warrior Leader Amanar! When I call upon them there is nothing that can withstand their light and power!

Why is this possible?

One should always keep in mind that undesirable entities are always part of the collective unconscious of mankind and are particular to the religious and cultural mythology and symbols that the individual was born into or embraced later in life. For example, dragons are far more common in Asia than in the Western mythology, angels are more common in the West than in Asia. Fairies are a western phenomenon.

Cultural phenomena

No person living in Indonesia, for example, or within a tribe of the Amazon jungle, will experience Western symbolic “Spirit entities” and mythology that they are even not aware of consciously; and the reverse is also true, for Western educated individuals.

If these symbolic figures do not disturb you, you can use them as guides or advisers but remain aware that the Universal Mind is talking through their facets. The most important filter is love and kindness. We will teach you how to use your power of intention to connect only with beings of light and Universal Love.

If the symbolism you are experiencing is disturbing to you, just do not allow it to bother you and erase it from your presence. Religious symbols or so-called evil entities are all part of current mythology. It is your choice to learn from them and use them for good purposes if you so desire, especially if you keep in mind and finally realize that ultimately, they are but yourself and that the whole Kingdom of God is within you and not outside of you. It is also your choice, if you find them undesirable or unnecessary, to discard them altogether. The future is only a game of possibilities where you have your input to give and is a consequence of your own old programming and the collective past of mankind.

Tragedy leaves a very powerful energetic imprint

In the same manner and for the same reason, if you Remote View a site or situation that is linked to tragic or horrible events, you will, as you are very open emotionally, sense this pain, and this can be a very intense emotional experience.

It should be your choice to immediately remove yourself from such sites if you do not want to experience tragic past or future events; however, if you feel it to be an instructive experience, you can go on with it. You are your best judge of what is desirable or not.

Remote Influencing

As far as connecting to other people's thoughts, if you operate at Theta, you can connect through the Universal Mind and experience the Alpha level of others and implant thoughts, images, ideas and much more.

Be aware of the law of karma because when you abuse your powers, the Universe might give you back a taste of your own medicine manifold. So, do not play with fire or you might end up burning yourself. Nevertheless, such subjective mind-to-mind communication can easily be used for positive purposes, in order to improve the fate of humanity and our own interaction with other life forms that are as precious as we are to the universal source of thought trying to keep the viable balance. In the 4th Module (March 2019) we will teach Remote Influencing and Healing.

RV (Remote Viewing) practice

We are now going to address the procedure that a trainee should use in order to Remote View through time and/or space. It is very helpful, if one can do so, to Remote View at first together with another individual that will monitor the Remote Viewing session. The other individual being is called 'the monitor".

One should also, if possible, use a voice activated recorder in order to verbally record his impressions about the site he is either told to visit or desires to visit. It is our contention that the main advantage of having this human monitor is for the session to take on an interesting interactive protocol. In some cases, the monitor knows about some aspect of the target beforehand. He might know whether the target is a physical site, an event, an individual, or a group of individuals to be visited in the present, the future, or the past by the trainee. In other situations, the monitor does not know anything about the target. In other cases, the information about the target might be locked within a sealed envelope or within the data bank of a computer. The role of the monitor is to suggest, either in an encoded or decoded form, certain aspects of the target and wait for a response from the trainee. It does not matter whether the target data is partially encoded, totally encoded, given as geographical coordinates, or random ie: chosen by a

computer that uses a random number generator for the task. In reality, if the session is successful, the one that really answers and shares the information is the Universal Mind of the trainee, and that Universal Mind being Omni-present and Omni-sentient, knows exactly, no matter what modalities are used, what the intention of the experiment and the real target is. The Universal Mind cannot be fooled by geographical coordinates, random numbers, double blind procedures or any other so-called scientific protocols that mankind relishes so much.

The system of choosing the target does not matter

Within intelligence units in the US and abroad, it became quite apparent to the scientists involved, that no matter what open systems or coded systems or unrelated random numbers where used in order to choose a target, the results shown and the statistical success rate of Remote Viewing remained the same. One could get the information about the target in an enclosed envelope using secret coordinates or use mumbo-jumbo numbers chosen by a computer for the particular target, and present them to the Remote Viewer, either before, during, or even days after a Remote Viewing session and the effectiveness of the Remote Viewing session was not affected, no matter what modality was chosen. As a matter of fact, another site on the internet uses random numbers in order to tag a target.

How is that possible?

Surprisingly enough, even though the knowledge of Remote Viewing data originating from the subconscious level of an individual has been fully recognized, the next step, linking that subconscious level of a mind with the so-called mysterious Universal Mind that connects all life forms has been lacking.

One gets Remote Viewing information through the interface of one’s own subconscious mind by receiving it from Universal Mind.

The Universe is based on the law of cause and effect

(karma)

That is why we strongly suggest being very careful as to what you want to use this knowledge for, for the Universal Mind is not only omnipresent, omniscient, but also omnipotent and if repeatedly abused or provoked, might, in the best of cases, send wrong information and in the worst, react in a dramatic fashion.

Adolf Hitler was a big user of this knowledge and used it to advance his misplaced concepts and it resulted in big destruction.

The Universal Mind level has no place for military gains, abuse of power, paranoia, nationalistic pride, etc…

Remote Viewing is to be used with respect and for positive uses.

Streams of information

The information from the Universal Mind will come to you in rapid succession, like a computer download of compressed packets of perceptual data.

These packets of information are non-language based, conceptual frames of compressed non-linear information.

The information received from the Universal Mind while Remote Viewing can be pure information, visual imagery, and sensory information. It is like receiving hunches similar to intuition.

This information is devoid of any analysis and rationalization. It comes very fast. Do not question your first impression; it is usually the best one. Do not necessarily expect strong visualization.

Record everything

Anything received should be recorded, written or sketched. To use descriptive words to describe the information you receive, learn how to describe in a very specific manner, shapes, colors, tactile sensations,

emotional atmospheres, emotions, materials, weather patterns, etc…

Be fluent with your descriptions, use lots of descriptive words, as you will need to convert and articulate the pure information that you are receiving into words. If you are artistically inclined, you may want to sketch the information. Learn to draw well, experiment with shapes, forms and colors. The most important caveat is not to give a meaning or interpretation until you have all the data possible.

Remote viewing a site

When Remote Viewing a site, it is helpful to start visualizing it from a certain height. Pretend to be a bird (an eagle) and be 3 Dimensional, try different angles.

Use an imaginary quadrant, similar to a watch, and then describe part of the target as being, for instance at 5 o' clock, 11 o' clock, etc… then hone in closely in order to get more details or to connect to people and experience the emotional atmosphere. Try to remain passive as you rapidly absorb information. Finish with the details. Go back higher, in a similar way to how an eagle would, and zoom in on a different part of the general location until you have mapped out the site in its totality. For underground sites you can decide to go through walls as you operate as pure mind. In reality you are going nowhere. You are here and now, but information is beamed at you, giving you the impression of going and exploring the site and connecting to all the people. You are watching, sensing and decoding this information within the screen of your mind.

Be just the observer

There is no real mind travel, astral projection, or any other perceptual travel. All there is, is connection within the mind, as you connect to the sensory information packets. You will eventually be able to operate at deep levels of the mind with your eyes open, by remaining highly concentrated on your higher thought processes and avoiding the distraction of the external sensory world. As you become an advanced Remote Viewer with your eyes open, the

same perception as to the quality and the type of information received will help you greatly perceive when certain information originates from the deep inner mind and when it does not. Always keep your analytical mind at bay. Never think, nor prejudge; be open to anything. All you need to do is record your initial impression either on a tape recorder or in writing or by sketching or noting the data stream you are catching.

"Associational Remote Viewing" (ARV)

This technique was devised by scientists at Stanford University, in order to acquire a simple way of recognizing if a certain perception originates from correct psychic output originating from the deep level of the mind, or if it is just a guess or hallucination of the mind.

ARV is a method where the Remote Viewer tries to view, instead of the desired target or goal, a symbol or object that is associated with it.

Here is an example:

Let us say that the Remote Viewer would like to foresee the direction of a stock for the next day. What is certain is that the price for that commodity/stock might either go up or down. These are the two possibilities. In some cases, it can also stay the same.

You have two options:

1. You can directly Remote View the future situation of the market that interests you one day ahead.

2. Or you can introduce a fail-safe mechanism associated with the ups and downs of the market price. What you can do is ask a friend, associate or a family member to choose either two or three objects or numbers or designs unknown to you, whereby each chosen object or design would be associated by that person to an action. The action corresponding to the market going up the next day might be associated with the number "333" written on a card or might be associated to a symbol (any symbol), and in the same manner the action corresponding to the market going down may

be associated with any other number for example “111” written on another card. The Remote Viewer is never told about these numbers or symbols. Then you go into a Theta state and Remote View the next day’s event on an associational basis. Let’s say that you visualize the number “111”. In a case like this there is a very high probability that you got the correct information about the future and it is worthwhile for you to invest heavily on that trade, which hence has a high potential chance of financial reward. If, however, you totally miss the image associated with the future direction of the trade, you may best decide not to trade on that day.

With RV you can make money

The scientists at Stanford University had great success at trading the commodities market using ARV. ARV can be applied to stocks and option trading, the lottery, horse races, and any gambling endeavors. One can, for instance, associate any number of the lottery with a particular object drawn on the back of a card and have the Remote Viewer view six different objects instead of six numbers which he knows need to be between 1 and 49. Since there are a great amount of objects that can be chosen to be drawn on the back of a card, when he can correctly Remote View six different objects that were chosen by someone else without his knowledge, we could assume that he has described a high probability path for the targeted lottery drawing. It is then recommended to time such a prediction, as close as possible to the time of the event or to the time of the drawing. One can also draw matrices. For instance in a game of roulette, black numbers are represented by certain objects, red numbers by others, and each different number is represented by a different drawing representing numbers or objects. The Remote Viewer needs then to get a set of two drawings where one represents black or red and the other, the specific number that will come out. The possibilities are endless, and it is left at this point to the trainee to devise his own system.
Specialized courses addressing these methods will be made available for those who want to continue to specialize in this technique and become professional Remote Viewers in the near future.

The Delta Mind

In order to successfully remote view, it is best to be in the slow deep Theta waves (4 to 5 cycles). The deep Theta zone is precisely at the interface with the Delta level of mind (deep sleep), where human brain waves oscillate between 1 to 4 cycles per second.

The Delta level of mind (deep sleep: no dreaming present), has remained up to now one of the most mysterious and unsolved puzzles of modern science. Man has and is exploring further and further frontiers of the natural world and of space but has yet to gain any understanding of a state in which he spends close to a third of his lifetime. There is a good reason for this: since consciousness is lost at the Delta level, the scientific mainstream has concluded that most thought processes disappear when sleeping (except for the relatively short dream periods, which have drawn the biggest research efforts) since no one has ever recalled any experiences while in the Delta state.

Delta is where we are one with everything

Delta is the level of the mysterious universal mind. It is the level at which the differentiated self (ego) expands to become undifferentiated and operates outside of the confines of linear time/space. This is the level of One. Time and space exist only within the Universal Mind. The Universal Mind is not separated from us, and we are not separated from It. Since everything interconnects through thought, thought is the only reality that can bridge space and time.

The level of deep Delta (Universal) is a level of pure information (no imagery whatsoever). Nothing else. We, as individuated expressions of it, only perceive and interpret this pure information using the realm of sensory reality (visual, auditory, olfactory, tactile etc). The level of the Universal and its individualizations (mankind and nature) together form the Uni-verse Itself. A vast mosaic of pure information disguised as reality. Either experienced as a pleasant one or an unpleasant one, depending on our common choices. There are three levels of operations within the Delta level.

The ego separates us

The ego is the inbuilt ability we humans have that make us differentiate between our own thoughts (self-reflective) and thoughts that are seemingly originating outside of our realm.

The ego is the sense of separated self and opposes and fears the concept of “Oneness.” It feels only comfortable and finds security in the notion of the “separated many.” That is why it fears death and wants to prolong life as a perception of individual separateness for as long as possible and even projects this fear into its understanding of the so-called afterlife. The stronger the ego, the bigger the need to differentiate from one another, and remain differentiated. Everybody wants to remember having been somebody, nobody seems to want to remember having been Everybody. One of the key-features of humanity is its individuality.

When operating at the level of Delta (sleep, surgical unconsciousness, and certain pathological conditions such as epileptic petit mal), the mind changes awareness and from being perceptually differentiated and having a sense of self, of I (ego), it then forgets, and expands to become interconnected to everyone and everything. At that point the prior conscious awareness is lost (unconsciousness) and is only regained when the mind once again experiences the previous levels at which separateness is possible: Theta, Alpha and Beta.

The conflict of human kind between being human and spirit

The ego expresses itself more vibrantly and forcefully when it focuses its concentration upon the level of the highly separated manifestations of the sensory external world (Beta). The battle between thought-separation (ego) and thought-Oneness (Universal) is the only real conflict there really was, is and will ever be.

All antagonistic expressions, fights, struggles, and hostilities amongst humans are the expression of this ever-present duality between being human and being spirit. The built-in opposition between the only two creative poles of thought: Beta (individualistic plurality), and Delta (sense of Oneness) is as the root of what one will perceive as the expressions of evil or bad (Beta

Against Delta). Delta (the Universal Mind) and Beta (ego) always interact creatively.

Power versus Force

The only two creative poles within Creation are the Beta level (conscious thought of man) and the Delta level (Collective Unconscious or Universal Mind).

Although the Beta level (conscious mind) would like to think that it rules over and is more powerful than the Delta level (deep subconscious mind), the reverse is true. The Beta level functions by forcing itself and fighting its way to the desired outcome with will power and discipline.

And the deep sub-conscious (Delta) rules over and is infinitely more powerful and "intelligent" than the conscious level of thought (Beta). It is only with the cooperation of the Delta level that the Beta-conscious thought (ego) might perceive that it controls sub-conscious (Delta) thought processes including biological ones. The cardinal rules that bring about that cooperation from the deep sub-conscious mind (Delta) are not necessarily in concordance with the desires and mental structures of the conscious mind (Beta).

Delta is the boss and can stop your best intentions

If the Delta level disagrees with the desires and/or intentions expressed by the Beta level of Its expressions, that necessary collaboration will not manifest. It will be sabotaged in ways that the Beta Mind cannot understand, like accidents, bad luck, challenges and even things like bad weather, calamities, unexplainable disasters like lightning striking, stock market crashes, traffic jams, etc.

Conscious-Subconscious & Unconscious

Beta is the so-called conscious level of mind. Alpha and Theta form the subconscious regions of the mind's operation, and Delta is the unconscious region of thought activity.

Your brain's function

In mammals and many other species, the brain is the major processing interface between the reality of thought and the sensory perception of matter. The brain is the seat of sensory input/output defining and framing our perception of space/time reality. Visual, auditory, olfactory, tactile etc. sensory perceptions originate from it.

The illusion of reality

Sensory experiences are coherent and subjective. Life, as a perception of linear space/time causal realities, is but a grand illusion created by our senses. Reality, which is our perception of space/time, is perceived through our senses, and each individual's sensory perception is unique. Our senses condition us and define our needs. Thus, we cannot avoid catering to them. When all senses are gone, life ends. The space/time dimension of reality is then over, because it can no longer be perceived.

Do we need a brain to function?

In a now classical study, British Neurologist John Lorber found that many individuals who had suffered of a condition called hydrocephalus during childhood, where the brain becomes filled with cerebrospinal fluid that destroy many if not most of their brain structures, operated with totally normal cognitive and intellectual capacities.

It was found that one individual had virtually no brain: that his cranial spaces were filled with cerebrospinal fluid and that only a very thin membrane of neurons, approximately 1 mm thick was lining the surface of his cranium, and nothing else! Nevertheless, this student exhibited an IQ of 126 and had graduated with an Honours degree in Mathematics! He also exhibited totally normal cognitive, functional and sensory behavior!

The mind does not need the brain

The mind does not need the brain at all in order to operate. The brain is only a restricting data processing mechanism framing and filtering thoughts originating from the Quantum source of ALL THOUGHT POSSIBILITIES. The main reason human beings perceive thoughts to originate from and be located in the head area is because almost all sensory apparatus (visual, olfactory, auditory, gustatory, etc.), are located there.

The fact that the brain shows signs of activity when one is engaged in the process of thinking does not mean that thought originates in this physical organ. Nevertheless, it processes those thoughts. In the same way as laughter and smiling are the outer expression of an inner emotion, they are not the cause of it. To solely concentrate on the smile and methodically try to understand it would make no sense. And the fact that forcing a smile sometimes evokes a slight emotion of happiness does not prove that smiling is the origin of happiness.

Quantum Science

As a matter of fact, NOTHING exists outside of oneself. Neither Space nor Time. It is all a grand illusion called life, activated in order to express thought and emotions from which the Universal Mind learns. The Ego, or the “I”, is an imaginary being. It has no real existence. It is only given the illusion of being a real entity. For experimental purposes (Creation). Only the sum of ALL as the Universal Mind has a real and eternal existence.

We need visionaries: Oracles

The ones that can think in a nonlinear fashion. The ones that have a natural tendency to focus within themselves in order to find creative inspiration, and intuition.

That is the reason why we give these workshops: to awaken more Visionaries who we call Oracles.

These future visionaries will help steer us into more evolved behaviors and creative endeavors, in the arts, fundamental sciences; health, geopolitical, financial, spiritual, and ecological crisis management.

If we look objectively at our world we will see that society impacts negatively on the evolution of humanity by trying to mentally enslave, uniform and robotize the masses for the perceived “greater good” of a mechanized industrialized materialistically obsessed “brave new world”, with unknown and dangerous consequences that are beginning to profile themselves on the horizon timeline. And nothing, and almost no-one, is even questioning the legitimacy of such a profound intrusion upon the individual mind and freedom of thought.

The sceptics are afraid of losing control

Highly ego-centered individuals often fear operating at deep levels of Theta because the ego (sense of self) is on the frontier of dissolving itself at a slightly deeper level of mind (Delta). They tend to prefer the perceptually most separated level of all: The Beta level of awareness.

They are afraid to meditate and make jokes about it!

Oracle training STAYING close to the edge of Delta

Our emphasis from the start was on extensively researching the area of the mind situated right at the interface with Delta (deep sleep). It had been experimentally proven that this was the best band of mind operations to concentrate on in order to be able to effectively remote view and receive information!

The initial Oracle training used hypnosis to achieve the attainment of such deep levels of mental functioning, and most importantly to sustain it for as long as possible without plunging onto Delta (unconsciousness: deep sleep) or going back into Alpha or Beta states.

Later we developed self-hypnosis, guided mediations and Braintrainings to teach this skill.

Why Delta is so important

The level of Delta is a level of knowing. Whilst being at deep Theta, one can draw from the proximate level of Delta. The level of Beta is a level of knowledge where the focus of attention is upon the external material reality and where a slow intellectual type of learning is the norm. The major evolutionary leaps, inspirational writings, creative endeavors, scientific discoveries and inventions of all times always originate from the level of knowing and not of knowledge.

Think of Einstein, Nikola Tesla, Edison, etc.

Human and animal instinctive knowledge, and "sixth sense" emanates from the level of knowing. The search for a unification factor outside of one's self, within linear space/time, is a perceptual dead-end that, at one point, mankind will need to realize.

Knowledge is within not outside

The unification point is not outside of one's self, within space or out-of-space, masters, gurus, but within oneself. Real knowledge comes from within.

One is only relearning what One already knows.

The ultimate master of all the ripples (individuations of Mind: The individuals) of the ocean of thought-energy (Universal Mind) is the ocean Itself, and not the ripples.

There is only One Mind

Ultimately, there is only One Mind. One Intelligence. Expressing and experiencing Itself through here and there. Nothing else. Not two. Nor more. Mind is Mind; whether human, animal, vegetable, material, or unattached.

The Universe is within us

The so called "kingdom" or holy grail is "within" each one of us and not

“outside” of us.

It is basically time for one’s self to reconnect to Oneself.

It is basically time to stop being a sheep within the “flock” and to start leading one’s own destiny and understanding. Now is the time to take back control and responsibility. . .

Your mind (Spirit) is not bound by and in your “physical” body.

It is only bound by and connected to the physical senses that make you aware of a physical 3-Dimensional reality. Let go of these senses, by allowing yourself not to concentrate upon them (i.e. physical reality and biology), and you will then allow yourself to unbound and expand. That is the purpose of our Oracle Training.

Children brainwaves

Young humans (children of less than 7 years of age and especially those of less than 2 years old) and animals of all ages operate mainly at Alpha, Theta and Delta. For them Beta has not hitherto been imposed and learned. The external phenomenal world has yet to take on such a strong concentrated reality. They are less concerned with external stimuli and self-reflect constantly. They learn and evolve through this mental act. They all remote view naturally. They need to. Otherwise, they could not possibly learn and survive. Humans will forget this, for the most part, when they proudly enter the highly ego-centered world of Beta operation and embrace adolescence.

Some people cultivate their Extra Sensory Perception (ESP) abilities

Many so-called tribal groups or spiritual orientations have inherited traditions that revere and promote self-reflection, often within a highly symbolized metaphorical background. For them remote viewing is a natural ability. True remote viewing tries to make a child again of the adult modern rational (Left Brain) man, allowing him/her to experience once again this natural state of relearning from the universal pool of knowledge outside of the confines of

time/space (knowing).

Becoming whole again: Awakening of the real You

Eventually, with continued training and when one can maintain deep Theta for long enough, one seems to span all the levels of the mind and integrate them in a single cognitive awareness. The remote viewer can then operate from the Theta level in concentration and even open his/her eyes and be aware of both his/her external and internal realities at once. With practice, he/she might make a last perceptual leap and realize that his/her external and internal realities are but mirror expressions of each other.

Delta the place that connects everything

Delta is the level of non-individualized, non-reflective intelligence.
Delta means a door, a portal to another realm. The realm of Universal Information. All deep subconscious thought processes (below the level of conscious awareness) originate from the Delta level.

You can best understand this by realizing that Delta allows all the parallel thought operations (human and otherwise) in all the material realities on this planet to operate coherently, simultaneously and efficiently.

Delta is therefore the Divine Intelligence that directs the operations of the material/biological 3-Dimensional world.

The truth is inside you

The truth is that we are wirelessly connected to everything in the Universe, we create the world we live in, including our restrictions. You can defend and argue for your limitations, and/or believe someone else's opinions and beliefs about the world, and they surely will become yours.

Henry Ford said it beautifully: "If you believe you can or if you believe you can't you are always right!"

The only real truth is the one that you find within yourself. All others are but misconceptions intentionally placed in your way in order to sharpen the edges of your challenge and quest.

With our Oracle training we provide you with the skillsets to find your own truth and to reclaim your powers of creation and direction!

See you hopefully at our next training or on our online training to become the best Oracle you can be!

Joy Martina,
Psychic Psychologist and founder of the Christallin Oracle Training

Roy Martina,
Holistic Med. Doctor happily married to Joy Martina

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